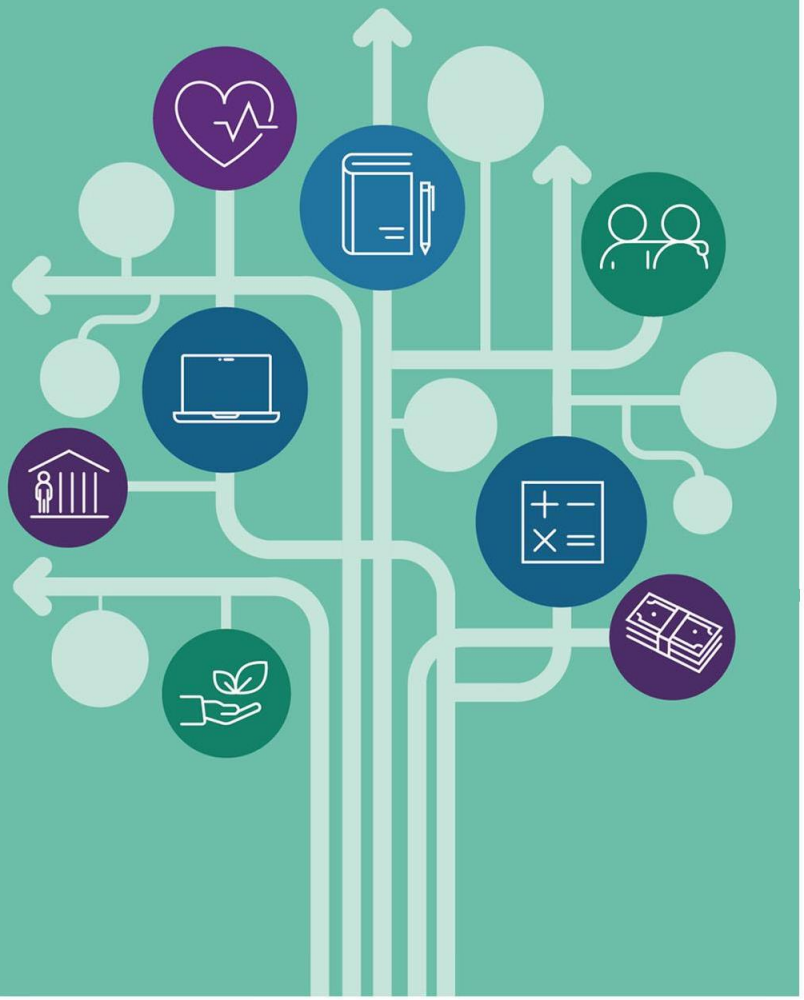
LIFE SKILLS

at the focus of adult education - A follow up of the Austrian EPALE Conference 2022



Eva Baloch-Kaloianov, OeAD / EPALE
Angelika Hrubesch, VHS Wien

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A lookback to the EPALE Conference 2022: "Life Skills"

Eva Baloch-Kaloianov, OeAD / EPALE

„Life Skills as a Focus of Adult Education"

All Blogs, Videos, PPTs available on EPALE

-> Thematic introduction by Estera Možina (Slovenian Institute for Adult Education and EBSN)

-> Blog by Helen Ryan (NALA)

-> Blog by Sonja Muckenhuber (BILL)

Publication will be available in July 2022

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Life Skills for Adults - a thematic introduction

Estera Možina, Slovenian Institute for Adult Education and EBSN

- Life Skills in the focus of adult education policy and practice
- Life Skills for Europe - LSE
- EBSN has been supporting the development of integrated policies and measures, as well as holistic approaches and programmes for the development of basic skills of adults in EU
- EAEA advocates for the role of non-formal adult education for social inclusion in **EU**

Source: Estera Možinas 24 May 2022
Presentation Video and PPT

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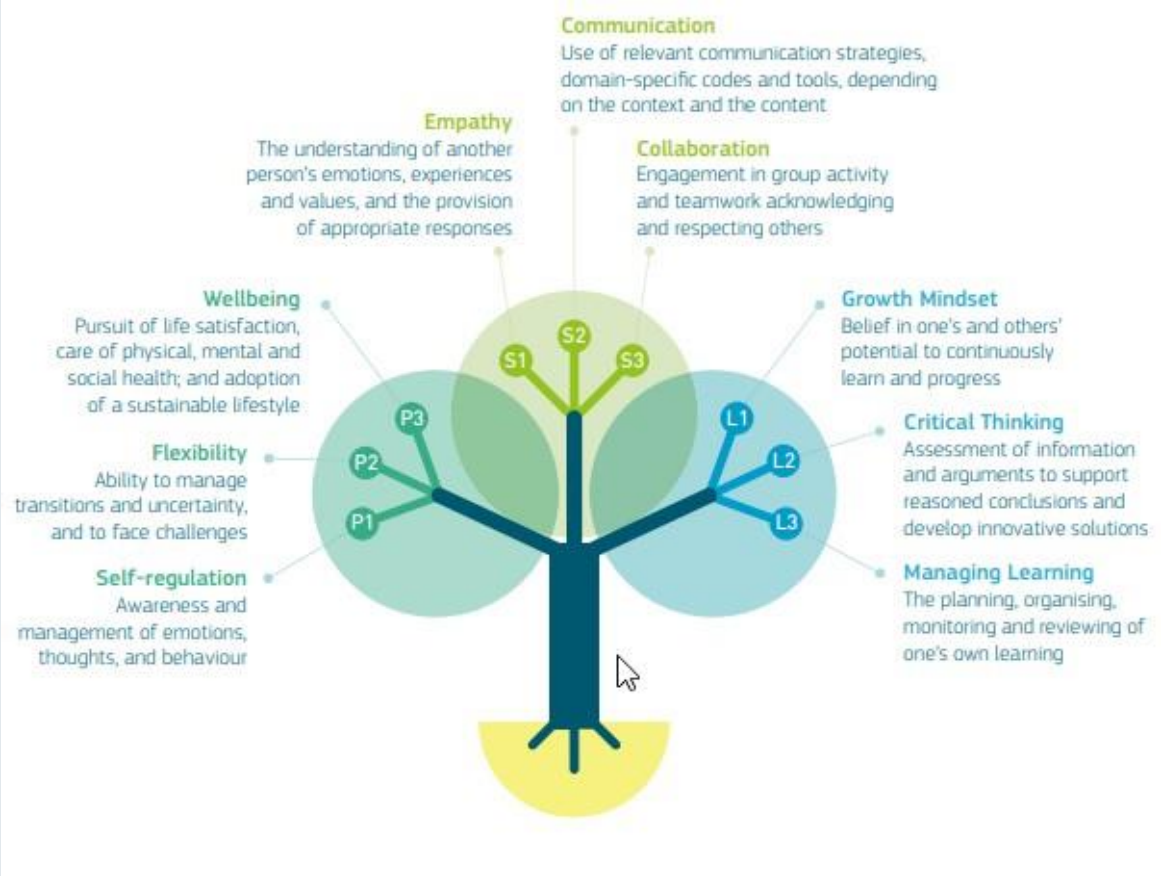
Life Skills for Adults - a thematic introduction

LifeComp - The European Framework for Personal, Social and Learning to Learn Key Competence, 2020



Source: https://publications.jrc.ec.europa.eu/repository/handle/JRC120911, cited after Estera Možinas Presentation on 24 May 2022

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Life skills for Europe, Erasmus+, 2017-2018

Projects outputs:

- Definition and concept of life skills as capabilities
- Life skills indicative curriculum
- Awareness Raising and Strategy toolkit
- Examples of selected and analysed good practices
- Examples of tools
- See https://eaea.org/project/life-skills-for-europe-lse/

Life skills are a constituent part of capabilities for **life** and **work in** a particular social, cultural and environmental context.
The types of life skills emerge as a response to the needs of the individual in real life situations.

Source: Estera Možinas 24 May 2022
Presentation Video and PPT

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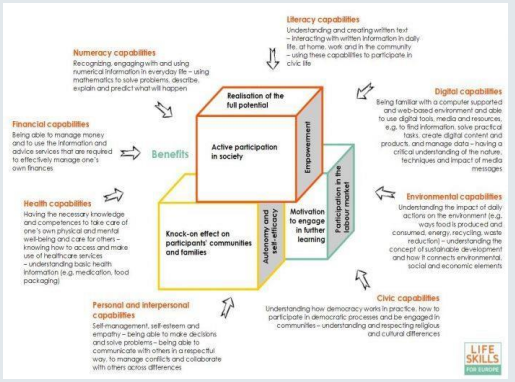
Life Skills for Europe (LSE), Erasmus+ 2017-2018

- Life skills are not always learned through education but are often acquired through experience and practice in daily life.
- Life skills are one of the principal gains of adult learning and education alongside literacy and numeracy, practical skills (ICT) and cultural learning.



Source: [Estera Možinas 24 May 2022](#)
Presentation Video and PPT

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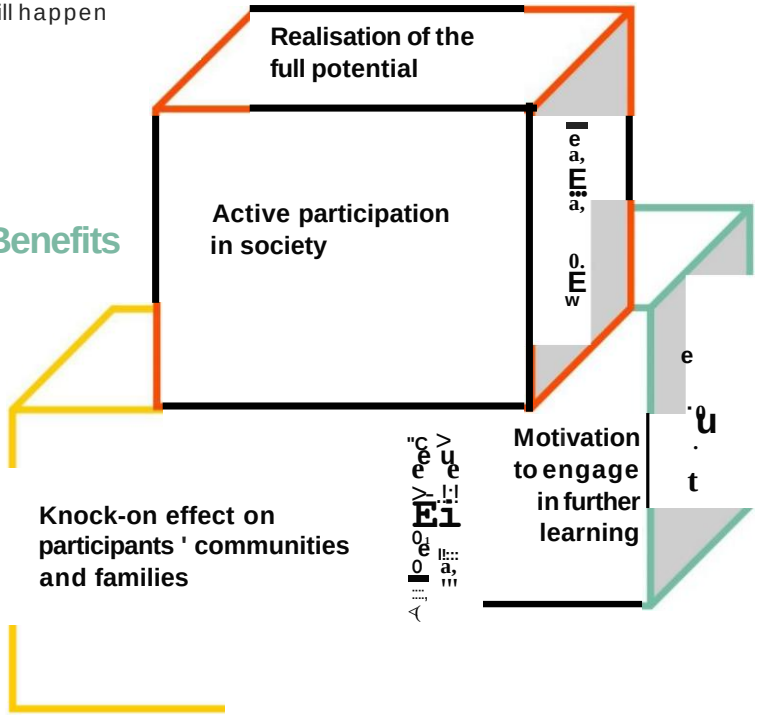
Components and benefits of life skills

Literacy capabilities

Understanding and creating written text -interacting with written information in daily life, at home, work and in the community -using these capabilities to participate in civic life

Numeracy capabilities

Recognizing, engaging with and using numerical information in everyday life - using mathematics to solve problems, describe, explain and predict what will happen



Benefits

Financial capabilities

Being able to manage money and to use the information and advice services that are required to effectively manage one's own finances

Digital capabilities

Being familiar with a computer supported and web-based environment and able to use digital tools, media and resources, e.g. to find information, solve practical tasks, create digital content and products, and manage data - having a critical understanding of the nature, techniques and impact of media messages

Health capabllities

Being able to take care of one's own physical and mentol well being and care tor others - knowing how to access and make use of healthcare services - understanding basic health information (e.g. medication, food packaging)

Environmental capabilities

Understanding the impact of daily actions on the environment (e.g. ways food is produced and consumed, energy, recycling, waste reduction) - understanding the concept of sustainable development and how it connects environmental, social and economic elements

Persona! and interpersonal capabilities

Self-management, self-esteem and empathy - being able to make decisions and solve problems - being able to communicate with others in a respectful way, to manage conflicts and collaborate with others across differences

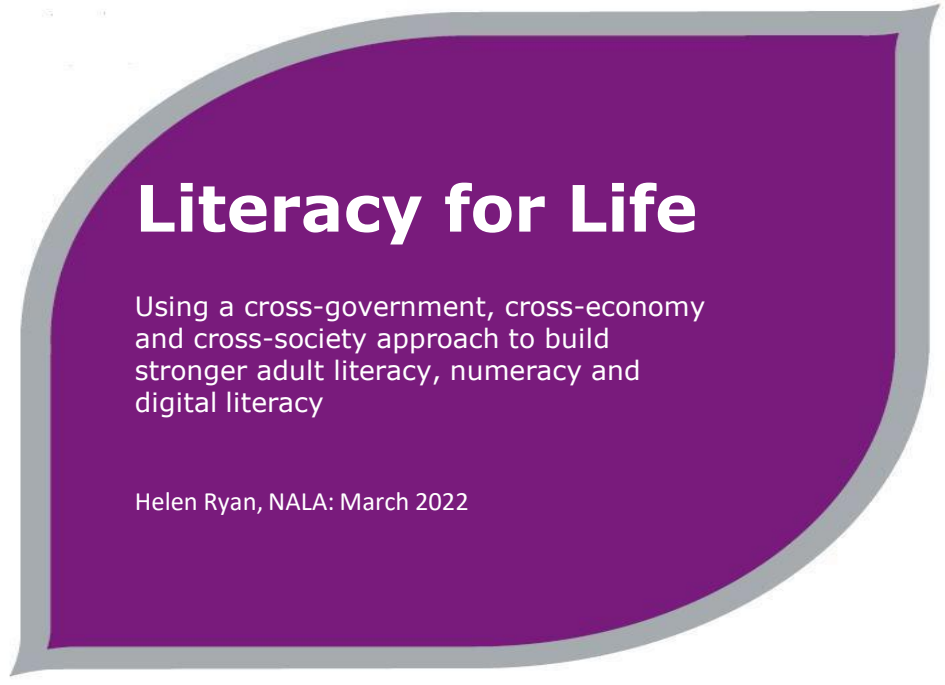
Civic capabllities

Understanding how democracy works in practice, how to participate in democratic processes and be engaged in communities - understanding and respecting religious and cultural differences

LIFE SKILLS FOR EUROPE

Literacy for Life

Helen Ryan, NALA



Source: Helen Ryan 24 May 2022
Presentation Video and PPT

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Literacy for Life

Helen Ryan, NALA

Literacy, numeracy and digital skills in everyday life:

- Literacy includes more than the technical skills of communications: it also has personal, social, emotional and economic dimensions.
- "A beginner reader is not a beginner thinker. "

Source: Helen Ryan 24 May 2022 Presentation Video and PPT

Life skills in basic education in Austria

Angelika Hrubesch, VHS Wien

- Development of basic education in Austria from the pioneering phase...
- ... to a country-wide offering in Austria

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People in basic education (PPD)

Adults and young people with basic education needs in

- written and oral communications in German
- basic communication skills in another language in the sense of individual and social multilingualism
- math skills
- digital skills

regardless of their first language

https://www.initiative-erwachsenenbildung.at/fileadmin/docs/PPD_2018-2021_Version_Mai_2019.pdf

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Aims of basic education (PPD)

Basic education aims to provide people with basic educational needs in the field of language competence, literarization, basic mathmatical operations and other key promote skills.

Basic education should enable the solution of everyday situations thus create the conditions for an active and comprehensive social, political and professional participation.

Particular attention must be paid to the ability to connect to further education and access the labor market.

https://www.initiative-erwachsenenbildung.at/fileadmin/docs/PPD_2018-2021_Version_Mai_2019.pdf

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How many are in need of Basic Education?

Aprox. 970.00 people (= 17% of all 16-65 years old) living in Austria display insufficient levels of proficiency in the key competences reading and mathematics to fully participate in society and/or the labour market.

Source: PIAAC, Programme for International Assessment of Adult Competencies 2011 - 2012

Image: braetschiton pixabay.com

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PIAAC 2011-2012 in detail

- 11.4% (around 640,000) people with low competences in all three test domains ("risk group"). Absolute numbers:
  - 310,000 (58.5%) with German as first language: difficult to reach
  - 220,000 (41.5 %) German not as a first language (migration background (DaZ requirement): easier to reach
- approx. 55% women and 45% men
- more older people than younger people (about 22% are 45-54 years old and 32% are 55-65 years old)
- an above-average proportion are unemployed, but > 60% work

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"Adult Education Initiative“

Main aims of the programme:

- To sustainably reduce the number of low qualified people in working population
- To raise the qualification levels in the working population
- To increase their social integration and participation (labour market and society)

Programme structure:

- Common support programme of Federal State and Federal Provinces
- Two programme areas: Basic Education and Completion of Compulsory schooling for adults (2nd chance education)

Costs for participants:

- Free of charge

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Source: Doris Wyskitensky, EPALE Conference "Upskilling Pathways" 2018

Central Information Service for Literacy (1)

Zentrale Beratungsstelle für Basisbildung und Alphabetisierung

- For Learners (guided course search; alfa telephone)
- For Trainer (course material, information about further training offers, facebook group, newsletter, job offers, policy background information)
- 9900 accredited trainers and volunteers have registered for the material pool

- www.basisbildung-alphabetisierung.at

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Central Information Service for Literacy (2)

Zentrale Beratungsstelle für Basisbildung und Alphabetisierung

Materials and tools for digital learning,
Blended learning and for online teaching
for trainers in basic education

Categories:

Apps, audio, blended learning,
Learning materials with digital practice,
Learning portals,
Educational software, links, teach online,
Tools for trainers

https://www.basisbildung-alphabetisierung.at

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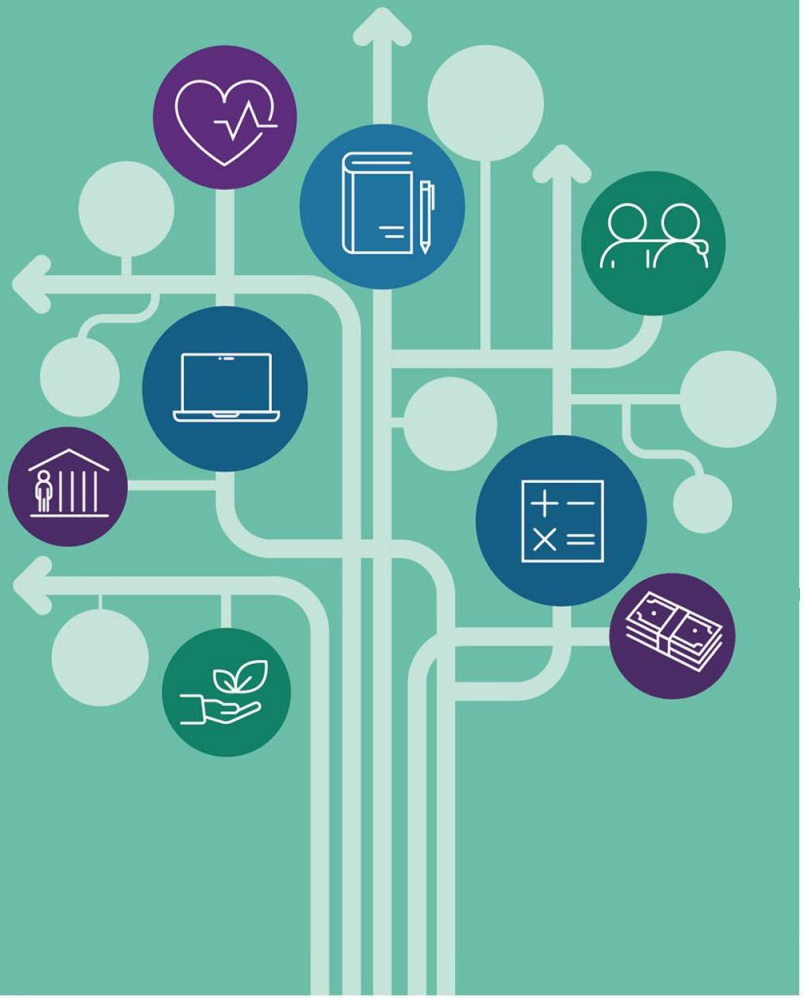
Thank you
for your attention



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